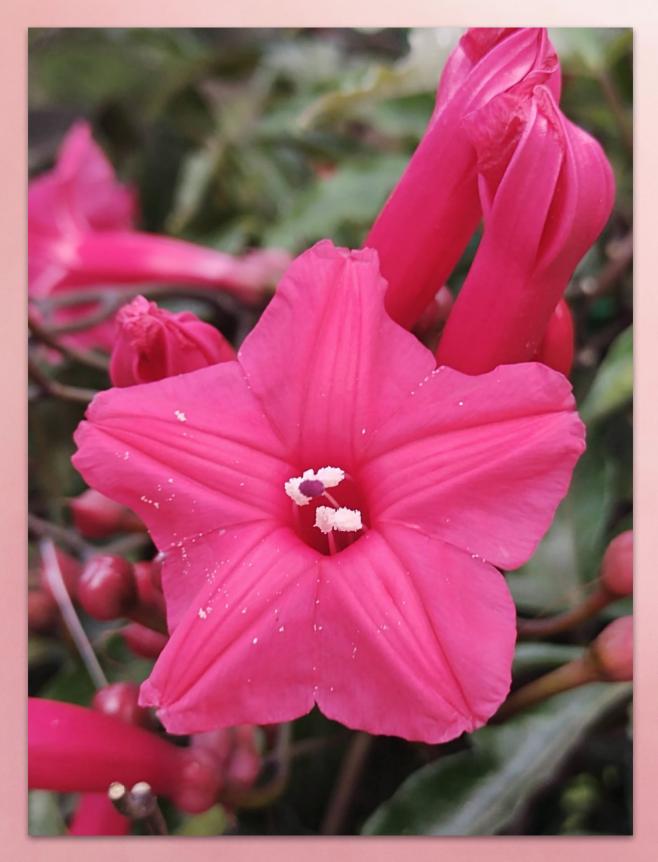
# Healing the Social An Anthroposophic Conference



10th - 17th January 2026 at Eklavya Model School, Maganpura, Gujarat, INDIA

## There must exist a knowledge that searches the individual sciences for the elements that will lead human beings back to full life again.

Rudolf Steiner, The Philosophy of Spiritual Activity

Dear Friends,

Welcome to our week-long Anthroposophical Conference with Dr. Michaela Glöckler. As the world swirls between the forces of darkness and light, humanity is at a precipice of choice - to feel into the tendrils of hope and heal the social despite its geopolitical, cultural and economic implications. More than a hundred years ago, Rudolf Steiner gave us indications of what is to come while also inviting us to trust in the ever-present spiritual worlds - all things must pass even as all things must change. This seven-day conference on the topic of 'Healing the Social' combines years of Anthroposophic work with Dr. Michaela's guidance as we walk into the future destiny paths - our own and that of the community. We welcome you, dear friends, to explore the boundless energies of joy, love and warmth through the healing powers of human earthly connections and spiritual cosmic vision. Your presence, contribution and interaction with each other will become the seeds for a shared future of hope.

With warmth,

Dr. Lakshmi Prasanna and Dr. Swapna Narendra with the Organising Committee

Dr. Michaela is richly passionate and warmly enthusiastic about child development that intersects between the changing worlds of healing and



education. An Anthroposophic Paediatrician, a globally renowned and respected author, and long-time head of the Anthroposophical Medical Section at Dornach, Switzerland, Dr. Michaela has also served as a School Physician for several Waldorf schools in Germany. Today, Dr. Michaela is the Chairwoman of the ELIANT Alliance, which is internationally involved in various topics of educational and social health. Over the past two decades, Dr. Michaela has actively introduced

Anthroposophy in several Asian countries and has contributed immensely towards Anthroposophic training in Africa as well, leading to the growth of dynamic, living initiatives in many fields.

### Programme

Saturday, 10 January			
12:30 - 14:00	Lunch		
15:00 - 15:30	Tea		
16:00 - 18:00	Registration		
18:00 - 19:00	Dinner		
19:00 - 19:45	Inaugural		
19:45 - 21:00	Talk by Dr. Michaela Glöckler		
Sunday, 11 January - Friday, 16 January			
07:00 - 08:00	Breakfast		
08:15 - 09:00	Movement (Eurythmy / Rhythm & Movement)		
09:15 - 10:45	Talk by Dr. Michaela Glöckler		
10:45 - 11:15	Tea Break		
11:15 - 12:30	Workshop - "A" (Working with Dr. Michaela's Lecture)		
12:30 - 15:00	Lunch Break		
15:00 - 15:30	Tea Break		
15:30 - 17:00	Workshop - "B" (Artistic Workshops)		
17:00 - 18:00	Talk by Dr. Michaela Glöckler		
18:00 - 19:30	Dinner		
19:30 - 21:00	Cultural Evening & Closing		
Saturday, 17 January			
07:00 - 08:00	Breakfast		
08:15 - 09:00	Movement (Eurythmy / Rhythm & Movement)		
09:15 - 10:45	Talk by Dr. Michaela Glöckler		
10:45 - 11:15	Tea Break		
11:15 - 12:00	Workshop - "A" (Working with Dr. Michaela's Lecture)		
12:00 - 13:00	Lunch		
13:00 - 14:00	Concluding Session		

#### Registration for Conference (Residents of India / Asia)

The sliding scale tariff per person below includes cost of travel by bus between airport/railway station and Muni Seva Ashram, accommodation, program fees and food for the period 10 - 17 Jan 2026.

Accomodation	Tariff per Person - India / Asia	
Single room	INR 45,000 - 50,000	
Twin sharing room	INR 40,000 - 45,000	
3 persons/room	INR 25,000 - 30,000	
4 persons/room	INR 20,000 - 25,000	
Dormitory (20 persons/room)	INR 15,000 - 20,000	

#### Payment details for Internet Banking:

Name : Aikyatva Community Foundation

Account # : 120036925828 A/C type : Current Account Bank : Canara Bank

Akshay Nagar Branch

Bangalore

IFSC : CNRB0003850

MICR : 560015188

SWIFT : CNRBINBBBFD (for International transfers only)



#### Payment options:

- 1. Create payee, **Aikyatva Community Foundation** and transfer via IMPS / NEFT.
- 2. Scan QR code on the top-right and pay via any UPI enabled App.

Note the **Transaction ID** for update of Registration Form.

#### Registration for Conference (Residents of Australia, Europe / USA)

The sliding scale tariff per person below includes cost of travel by bus between airport/railway station and Muni Seva Ashram, accommodation, program fees and food for the period 10 - 17 Jan 2026.

Accomodation	Tariff per Person		
Accomodution	Australia	Europe / USA	
Single room	AUD 800 - 1,000	USD 650 - 800	
Twin sharing room	AUD 700 - 800	USD 550 - 650	

#### **Payment Details**

#### Wise (TransferWise)

Account holder : Lakshmi Prasanna Allamsetty

BSB code : 802-985

Account number: 611100898

Address:

Wise (Transferwise)

36-38 Gipps Street Collingwood 3066 Australia

doclakshmi63@gmail.com

Note the Transaction ID for update of Registration Form.

#### **Additional Information**

Registration: Keep this document handy when you register. After submitting the form, check your email for the automated Registration Confirmation. Save the confirmation email as it contains the link for editing your registration form at a later time for correction of arrival/departure details, update of payment details, choice of workshop etc. With each edit, you will receive an updated registration confirmation email. Please register early to secure the choice of your preferred room. You may register without making payment by selecting the "Will pay later" option. Remember to subsequently edit the registration form with payment details.

**Payment:** Indian payments may be made via Net Banking (IMPS / NEFT) or UPI (Google pay, Paytm etc). Payments from other countries may be made to the the Wise-TransferWise account (details on page 5) or via SWIFT (details on page 4). There is no provision to pay via credit/debit cards.

**Transport:** Bus transfers from the airport / railway station to the venue will be arranged by the organisers based on the travel information on your registration form. Similar arrangement will also be made during your departure from the venue. Close to the date of travel, please ensure that your arrival & departure details on your registration form are accurate.

#### **Movement Options**

Sunday, 11 January - Saturday, 17 January 08:15 - 09:00

**Eurythmy:** Join us in a workshop using conscious movement and gestures, inspired by sound, language and nature, to awaken our artistic selves and celebrate the spirit of togetherness.

Facilitator: Rithman, Meeta Grovor, Sejal Mehta

**Rhythm and Movement:** A workshop that invites you to explore the working of rhythm, movement, speech and sound within yourself.

Facilitators: Neha Bharadwaj, Puja Shemain, Praveena Shivram

#### Workshop "B" Options

Sunday, 11 January - Friday, 16 January 15:30 - 17:00

**B1: Biodynamic Farming:** Exploring humanity's role as guardians of rhythms, balance, healing in relation to the cosmos.

Facilitator: Lohit Roshan Murthy, Biodynamic Gardener

**B2: Biographical Milestones:** This workshop is designed to take the participant on an exploratory tour of self-reflection. Each day we look at the Biographical signposts and their significance, as we encounter them in this journey of life. *Facilitator: Dr. Delna N Tarapore, Anthroposophic Physician* 

**B3:** Bridging Man and Spirit: In this workshop, explore two pathways to spirituality through the dynamic interaction between the centre and the periphery of the 'World' and '1'.

Facilitator: Kiranmayi S. Bapi, Psychologist and Psychotherapist

**B4:** Eurythmy 1: "My life is but a weaving between my Lord and me." - B. M. Franklin. Celebrate Sankranti's light by joining this Eurythmy session where we'll use sound and gesture to awaken our artistic selves and enliven one another.

Facilitator: Meeta Grovor, Eurythmist

**B5:** Eurythmy 2: Sankranti is a festival that celebrates new beginnings, our bond with nature, and the spirit of togetherness. Eurythmy brings this essence to life, through conscious movement, and gestures inspired by sound, language, and nature. Move with us to truly experience the essence of Sankranti. *Facilitator: Sejal Mehta, Eurythmist* 

**B6:** Games for Children: Discovering how Waldorf games nurture holistic, cognitive, social, and emotional growth.

Facilitators: Kejal Bakshi, Special Educator; Elvis Shemain, Waldorf Educator

**B7:** Goetheanistic Observation (in everyday life): Through a sensory and phenomenological approach, we cultivate reflective practices to experience the world.

Facilitator: Anshuman Tomar, Waldorf Educator

**B8:** Introduction to Waldorf Primary Education: Enter the world of primary grades 1 to 6 through the lens of the Australian experience. How we strive to respectfully weave Indigenous knowledges, in our diverse environment, into the Waldorf curriculum, along with practical, creative tools to nurture the child in harmony.

Facilitators: Tracey Ashton and Kate Maggs, Waldorf Educators

**B9: Needle Felting:** A transformative art form that lets you shape wool into vibrant textured creations.

Facilitator: Sujatha, Waldorf Educator

**B10: Painting:** Immerse yourself in the therapeutic art process developed by Liane Collot d'Herbois, that integrates the dynamic forces of light, darkness, and colour through charcoal and painting. No prior artistic experience is required.

Facilitators: Wakako Motoike, Art Therapist; Sathyadeepa; Jyotika Jain

**B11:** Rangoli to Sacred Geometry: Experience the rhythmic flow of geometric forms and the magic of creating patterns through colours, dots and lines, as we explore the bridge between the seen and the unseen.

Facilitators: Balagujam Balachandar & Renuka Sivanandam, Waldorf Educators

**B12: Shadow Work:** A workshop to unmask the blind spots in relationships and light up the patterns in life encounters to transform the '1'.

Facilitators: Parimal Pandit & Suchitra Inamdar

Anthroposophic Psychotherapists & Biography Consultants, Chennai and Mumbai

B13: Spacial Dynamics: In the present day challenge wherein the social space is getting filled up by technology, let us explore what Space does to us from inside and outside and connect a strong bridge between us and the Social.

Facilitator: Dr. Karthiyayini Mahadevan, Anthroposophic Physician & Level 1 Spacial Dynamics practitioner

**B14: Story Telling:** An invitation to come and experience what listening, sharing and being able to tell stories can do to nourish the soul.

Facilitator: Vijayalakshmi Rangarajan, Waldorf Educator

**B15: What Makes Us Human:** The interweaving of three-and-four-foldedness that bestows humanness on us.

Facilitator: Dr. Swapna Narendra, Anthroposophic Physician

**B16: Writing with your Senses:** An experiential workshop on how words and creative writing can bring you closer to the self.

Facilitator: Praveena Shivram, Writer